Too Much Light Makes the Baby Go Blind" doesn't have a traditional character list in the way a play with named characters might. It's a collection of 30 short scenes, each with a unique focus, rather than a single, unified story. The scenes feature an ensemble cast that takes on different roles in each vignette.

The play's structure relies on the ensemble cast's ability to quickly transition between various characters and scenarios. The scenes themselves are more like vignettes or sketches than a continuous narrative, with the ensemble cast playing multiple roles within each scene.